



We acknowledge, celebrate and thank the traditional custodians of the Kulin Nation on whose lands we live and serve our communities.

Aboriginal and Torres Strait Islander Manage your money without stress!

Learn how to reduce financial stress

We'll give you simple tips and tools so you can get on top of your finances now and into the future.

Topics include:

- Your values
- Creating a budget
- How to set goals
- Needs vs wants
- How to find spending leaks
- Shopping tips and meal prep
- Loan sharks and money lenders

Lunch is included so registration is essential.

Wednesday 10 September
11am to 2pm

Wunggurrwil Dhurrung Centre
19 Communal Road, Wyndham Vale, 3024

Register by Wednesday 3 September to:

Lisa Saunders

Call 0491 089 069 or email
lisa.saunders@ipchealth.com.au

Sarah-Jane Blunt

Call 0417 339 816 or email
sarah-jane.blunt@ipchealth.com.au

