

Engaging Melton Families
Program



MacKillop
Family
Services



VACCA
Connected by culture



Sing & Grow Music Group

**A free music therapy group for Aboriginal & Torres Strait Islander families
with children aged 0-5 years who live in the Melton area**

Term 1 2024

Monday 5th February - Monday 25th March

Monday's starting at 10:30am

Join us for morning tea & a yarn after the group each week

(morning tea provided)

Contact for more information

Register your spot in the group, please call or text EMF workers

Bree Large: 0400 419 933

MacKillop Family Services

Tori Debrincat: 0439 297 044

VACCA

building stronger families and communities through music

Sing&Grow is a program of
Playgroup Queensland Ltd

This program is funded in part
by the Australian Government



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Why make music with your child?

Music is a fantastic way for children and parents to experience fun and enjoyable times together.

Dancing, singing, playing percussion instruments, and relaxing to music are great for stimulating your child's development. And the benefits are even greater when you share these activities together!

Why is music beneficial?

- Music motivates children
- Music is fun and non-threatening
- Music can provide structure and predictability
- Music can be used to alter mood
- Music is great for child development

Music can help Child development...

- **Thinking Skills** – staying on task, increasing attention span, problem solving, following instructions, understanding and practicing new concepts.
- **Language, Literacy & Numeracy** – learning new words and their meanings, counting, following patterns.
- **Physical Skills** – gross and fine motor skills, body awareness, co-ordination e.g. using both hands together.
- **Communication Skills** – verbal and nonverbal self-expression e.g. singing, making animal sounds, pointing, looking, waving.
- **Social Skills** – sharing, turn-taking, sitting & waiting. This can help to prepare children for kindy and school.

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