

Wominjeka! You're Invited to

The Headspace Sunshine

Centre Tour & Open Afternoon

Invitation to First Nations Service providers in the Western Suburbs



Date: 19 September 2023 **Time:** 2pm – 4.30pm

Location: Ground floor Community Room 1, Visy Cares Hub

80b Harvester Road, Sunshine 3020

RSVP: Linda.Campbell@orygen.org.au





There will be room to share, connection and collaborate together over an afternoon tea with refreshments.

headspace Sunshine would like to meet and connect with you and to share what support we can offer to First Nations young people and their families, as well as learning what is it you and your team offer and how we can work in collaboration.

AGENDA

2pm	Welcome to headspace Sunshine and housekeeping	Linda headspace Sunshine
2:10pm	Acknowledgement to Country	Linda headspace Sunshine
2:20pm	Brief introductions around the room	Linda - headspace Sunshine
2:30pm	Introduction to Orygen First Nations Team	Daria – Orygen Centre for Excellence
2:37pm	Introduction to headspace National Cultural Practice Team	Sarah - headspace National
2:45pm	The pathways within headspace Sunshine for support for young people and their families.	Pip - headspace Sunshine
2:47pm	Session by Session pathway	Carina - headspace Sunshine
2: 55pm	Individual Placement Support	Adrian - headspace Sunshine
3:00pm	Peer Support (Lived experience Team)	Lachlan - headspace Sunshine
3:05pm	Community Awareness & Youth Advisory Group	Tbc - headspace Sunshine
3:10pm	Digital programs – peer moderated Yarn Safe	Tbc headspace National Digital Program
3:20pm	Yarning Circle – sharing our resources and pathways	Daria - facilitator
4:00 – 4:30pm	Mingle and Refreshments	Optional tour of clinical space